

Edition 103 - Thursday 15 October 2015 **Spotlight**

**On...\*Ofsted are visiting the East Riding\***

**Pilot inspection of East Riding of Yorkshire effectiveness in meeting its responsibilities for disabled children and young people and those who have special educational needs.** Ofsted and the Care Quality

Commission (CQC) are developing a new inspection framework that will be used to evaluate how effectively local areas are implementing the reforms contained in the Children and Families Act 2014. These reforms were introduced in September 2014 and place responsibilities on local areas:

- to ensure disabled children and young people and those who have special educational needs are identified effectively.
- to ensure that these children and young people have their needs met effectively and their outcomes improved.

East Riding has agreed that the inspection development team can carry out a pilot inspection of the area's effectiveness towards meeting the above responsibilities. This work will add substantially to the developing inspection framework. There will not be a published report from this pilot inspection.

The views of disabled children and young people and those who have special educational needs, and parents and carers will be gathered during visits to a number of early years settings, schools and colleges. The pilot inspection will also include an online webinar to allow other East Riding parents and carers to contribute. **The webinar will take place at 7.00pm on Wednesday 21**

**October 2015.** It will be led by Phil Harrison, Her Majesty's Inspector, Regional lead for disability and special educational needs who will ask parents and carers their views on how effectively East Riding is fulfilling the above responsibilities since the implementation of the reforms.

While we understand that many parents and carers may have views on their experience that extend before the implementation of the reforms in September 2014 it is important that this date is used as the start for the new inspection. We would also like parents to understand that we will not be able to follow up or comment upon individual cases.

If you would like to take part in this webinar then please follow this internet link <https://www.surveymonkey.com/r/Webinar21st>

Further information on the disability and special educational needs reform can be found on the Department for Education's website:

<https://www.gov.uk/government/publications/send-guide-for-parents-and-carers>

**\* Please see below in the East Riding Voices in Partnership (ERVIP) section for information on ERVIP's coffee morning with Ofsted attending and how you can feed your views into ERVIP**

## FISH update

**East Riding Safeguarding Children Board September 2015 newsletter is now available** - This can also be downloaded at:

<http://www.erscb.org.uk/news/newsletter/>

**The latest edition of the LOOK AHEAD Newsletter is now available -**

Families registered on LOOK AHEAD will receive a copy through the post in the near future and it can also be viewed on the [Local Offer website](http://www.eastridinglocaloffer.org.uk)  
[www.eastridinglocaloffer.org.uk](http://www.eastridinglocaloffer.org.uk)

## \* FISH and ERVIP - Moving to Adulthood Parent Carer

**Event** - For parent carers of young people with additional needs aged 11 - 25 years.

- A chance to meet other parent carers and gather information about Moving to Adulthood.
- A chance to find out about the opportunities available to your young person as they move onwards and upwards, with a focus on post 16.
- This year we have an even greater number and wider range of services providing information stands

In an age where using the internet and social media safely is essential, we are pleased to have secured a key note speaker, an experienced detective sergeant, who will be raising awareness on internet / social media safety. He will identify top tips on what to look out for and how to keep your young person safe.

### **Workshops**

- Healthwatch will be giving parent carers the opportunity to feedback on their experiences regarding local health and social care services. Healthwatch are curious to find out more about appointments, access, treatment, aftercare and everything and anything in between. The ultimate aim of Healthwatch gathering your views is to help to create positive changes to practice in the future.
- Another of our workshops will discuss the Care Act 2014 and what it means for young adults with SEND. An introduction to the Connect to Support website, a website for adults who need support within the East Riding of Yorkshire, will also be given.
- A workshop to identify key information about Education, Health and Care (EHC) Plans will be delivered by key professionals working in the field. From September 2014 EHC plans began to replace Statements of special educational needs. EHC plans focus on what a child or young person wants to achieve and what support is needed to do this.

Light refreshments will be provided, including tea, coffee and a selection of cakes.

Date: Thursday 12 November 2015

Time: 9.30am till 1pm (Please note: stallholders will be available until 2pm)

Cost: Free

Venue: The Lawns, Harland Way, Cottingham HU16 5SQ

Contact: To book, or for more information call FISH (01482) 396469 or email [fish@eastriding.gov.uk](mailto:fish@eastriding.gov.uk) Please book by Friday 23 October 2015 stating if you have any transport and childcare needs. **Limited places – book early to avoid disappointment!**

**-Understanding Autism Seminar in Bridlington running in December –** please see below under the **Bridlington and Driffield** heading for more information. Please note you do not need to live in Bridlington and Driffield to attend.

**-Autism Awareness Course - Cygnet Puberty course happening in Goole in the new year** - Please see under the heading **Goole** for more information. Please note you do not need to live in the Goole area to attend.

**Important - Personal Outcomes Evaluation Tool (POET):** POET is a questionnaire based tool that has been designed by the national charity In Control in conjunction with the Department for Education. The tool provides a local and national benchmark of the impact the new education, health and care plans and personal budgets have on families, children and young people and practitioners' lives. Developed with children and young people, parents/carers and practitioners from across the country the tool has already been tested by over 20 local authorities and their partners. POET is now live and our aim is to collect at least 50 questionnaire returns from parents/carers and 25 from children and young people between now and the end of December. Questionnaires can be completed online using the links below:

**East Riding - Survey for parents of children and young people who have an Education Health and Care Plan**

<http://puttingpeoplefirst.limeask.com/index.php/313271/lang-en>

**East Riding - Survey for children and young people who have an Education Health and Care Plan, their life and the support they get**

<http://puttingpeoplefirst.limeask.com/index.php/491768/lang-en>

Alternatively, paper copies of the questionnaires can be requested from the FISH Team on (01482) 396469.

### **Local Offer Update**

More **parent carer support groups** have been added to the Local Offer

website. Please let us know details of any more groups that you would like adding.

Contact details and links to [National Organisations](#) giving disability information, advice and support can be accessed via the Local Offer website. For example Contact a Family, National Autistic Society and much more.

## East Riding Voices in Partnership (ERVIP)

**ERVIP Coffee Morning - Ofsted are attending** - ERVIP are holding a Coffee Morning on Wednesday 21 October 2015 at the Beverley Arms Hotel in the Restaurant at 9.15am with coffee and pastries on arrival. At 9.30-10.15am, Lee McWilliam the CQC Childrens Service Inspector will be in attendance to hear parent carer views with regard to the following:

1. **IDENTIFICATION**..... How effectively and timely the local area identifies disabled children and young people and those who have special educational needs.
2. **PROVISION** ..... How effectively the local area meets the needs and improves the outcomes of disabled children and young people and those who have special educational needs.

There will be a coffee break when the Inspector leaves and then Rachel Corral-Jackson from Barnsley who was part of a small working group that drew up the National Parent Carer Forum "**Anti Bullying Policy**" will answer questions on bullying.

Date: Wednesday 21 October 2015

Time: Starting 9.15am

Cost: Free

Venue: Beverley Arms Hotel, Beverley HU17 8DB

Contact: We would like as many people as possible to attend but for catering purposes just drop me a line or call on 07818 441166. If you are not able to attend please send an email to [sjwervip@hotmail.co.uk](mailto:sjwervip@hotmail.co.uk) by Friday 16 October 2015 with any information you would like us to share but you do not have to mention names.

### **WHAT ARE THE KEY POINTS YOU WOULD LIKE ERVIP TO DISCUSS WITH THE INSPECTORS?**

ERVIP also have an hour slot on Monday with all three Inspectors where there will be a chance to raise the most important concerns that parents have about the new SEND reforms in place since September 2014.

What is working for you?

What has been difficult for you?

We need a collective view not just our own so please pass this information to your friends.

If you can't pop along to the coffee morning and would like to share anything

with us regarding your experiences in relation to the above points, please email [sjwervip@hotmail.co.uk](mailto:sjwervip@hotmail.co.uk) by Friday 16 October 2015

### **ERVIP Christmas Coffee Morning**

Date: Tuesday 1 December 2015

Time: 9.30 – 11.30 am

Venue: Beverley Arms Hotel, Beverley HU17 8DD

For more information contact 07813 676941 or [sjwervip@hotmail.co.uk](mailto:sjwervip@hotmail.co.uk)

### **Beverley**

**Aspire** – Fun sport-based activities for disabled people aged 5 – 18 years; siblings and friends are welcome to join in. The sessions are run by Barnardos with fully qualified, trained coaches and volunteers on hand to support children. Children aged 5-8 years old are welcome, but a parent or carer needs to stay.

Dates: Thursdays

Times: 5 – 6pm

Cost: £3.40 per session

Venue: Beverley Leisure Complex, Flemingate, Beverley HU17 0LT

Contact: To book a place ring (01482) 881127

### **Bridlington and Driffield**

**Healthy Lifestyles Event in Bridlington** - Come along to this friendly, informal event to learn about ways you and your family can lead healthier lifestyles. There will be food demonstrations and a cook off challenge where you can win prizes for your kitchen creations. There will also be games, sports competitions and the chance to find out more about getting and staying active.

Dates: 4 December 2015

Times: 10am – 2pm

Cost: Free

Venue: Key Centre, Christchurch, Bridlington YO15 2AP

Contact: For more information please contact Vicky Neilan [vicky.neilan@eastriding.gov.uk](mailto:vicky.neilan@eastriding.gov.uk) or just come along on the day.

**Understanding Autism Seminar** - We will be running an Understanding Autism Seminar at the Bridlington Children Centre on Thursday 10 December 2015. The seminar is open to families and practitioners who would like to know more about Autism Spectrum Conditions, including;

- What is Autism?

- How Autism affects social communication

- How sensory differences can affect a person with Autism

Strategies to support people with Autism.

Location: Bridlington Children's Centre, Butts Close, Bridlington YO16 7BS

Date: Thursday 10 December 2015

Time: The seminar will run from 10am to 2.30pm; tea and coffee will be available but please bring a packed lunch for the mid day break.

Contact: For further information or to book your place on this seminar, please contact Sally-Ann Pindar on (01482) 392254

**Bridlington Autism Support Group** – A friendly and relaxing environment for parents whose children have autism to come together to chat and support each other. The group runs every Monday (during school term time only).

Date: Every Monday during term-time (next sessions: Monday 19 October 2015, Monday 2 November 2015)

Venue: Christ Church Key Centre, Family Room, 2 Quay Road, Bridlington YO15 2AP

Costs: Free

Time: 10am till 12noon

Contact: Contact John Dixon for further information on (01262) 404100/ (01262) 404105 or email [jdixon@christchurchbridlington.co.uk](mailto:jdixon@christchurchbridlington.co.uk)

**The Den – Bridlington Youth Theatre** – Do you have a child/young person who is under 25 years and is interested in dance, drama, music, technical, costume or set design? If yes then come along to the Bridlington Youth Theatre. We are an inclusive group and we work with leading arts professionals to create exciting pieces of theatre.

Dates: Tuesday 20 October and Tuesday 3 November 2015

Times: 6pm – 7.15pm

Cost: £4.00 per session

Venue: Bridlington Community Resource Centre, 4-6 Victoria Road, Bridlington YO15 2BW

Contact: Telephone 07521 364107 or email [thedenbridlington@yahoo.co.uk](mailto:thedenbridlington@yahoo.co.uk)

**Bridlington ADHD Support Group**- Are you a parent/carer of a child with ADHD? Come along to a friendly parent-led group to share your ideas and experiences.

Dates: Wednesday 4 November 2015

Times: 10am - 11.30am

Cost: FREE

Venue: Bridlington Children's Centre, Butts Close, Bridlington YO16 7BS

Contact: Emma on 07851 343585 or email [brid.adhd@yahoo.co.uk](mailto:brid.adhd@yahoo.co.uk)

**Haltemprice**

**Cottingham Children's Centre What's On guide is now updated-** please click [here](#) to view on the FISH website.

**Maxi Fun Club - Family Fun Swim Night** – for disabled children and young people and their families in the Hull or East Riding area. Exclusive use of both pools with floats and toys at the Haltemprice leisure centre.

Date: Fridays. The next sessions are Friday 16, 23 and 30 October 2015

Times: 7.30 - 9pm

Cost: £2 per person

Age: All ages welcome

Location: Haltemprice Sports Centre, Anlaby HU10 6QJ

Contact: For Information call Tony on 07837 225618

**Maxi Fun Club Soft Play and Bouncy Castle (optional Halloween Fancy Dress)** – for disabled children and young people and their families in the Hull or East Riding area. Activities in the big hall include soft play, games and bouncy castle and a buffet tea.

Date: Saturday 31 October 2015

Time: 3.30 - 4.30pm (Party Tea 4.30 – 5pm)

Location: Haltemprice Sports Centre, Anlaby HU10 6QJ

Cost: £2 per child (£3 if staying for food)

Contact: **\*must be booked\*** with Sue on 07733 084335 if your child / children are staying for food.

## Holderness

**Time Out** - A support group for parents and carers of children and young people with Autistic Spectrum Condition / Asperger's Syndrome

Dates: Wednesday 28 October 2015, Wednesday 25 November 2015

Times: 7 – 9pm

Cost: Free – no need to book, just turn up

Venue: Hornsea Children's Centre, Hornsea Secondary School, Eastgate, Hornsea HU18 1DW

Contact: Sheila on (01964) 534472 or Diane on (01964) 204811

## Goole

**Understanding Autism Seminar running in November in Goole is now full.** Look out in future bulletins for future courses and seminars.

**Autism Awareness Courses for Families of Children with a Diagnosis of Autistic Spectrum Condition - Cygnet Puberty** - This is a three session course which builds upon the 'core' courses of Exploring Autism, Earlybird and Cygnet, to give further understanding and to explore strategies around Puberty. The sessions are designed to;

- help parents to develop their understanding and confidence relating to puberty, sexual wellbeing and relationships and how they may impact

- on children on the autistic spectrum.
- offer parents the opportunity to participate in activities that they could use to explore puberty, sexual wellbeing and relationships with their children at home
  - meet with other parents in a mutually supportive environment.

Venue: The sessions for this course will be held at the Marshlands Children's Centre, Goole, DN14 5UE

Times: between 1pm and 3.15pm

Dates: Wednesday 27 January 2016, 3February 2016 and 10February 2016.

**There will be places for up to 8 families available (other Cygnet Puberty Courses will be offered during the academic year at other venues and times).**

Please note that places are only available to families of children with a diagnosis of ASC who have attended one of the 'core' courses.

To reserve a place on this course, please contact Sally-Ann Pindar (01482 392254 or [sally.pindar@eastriding.gov.uk](mailto:sally.pindar@eastriding.gov.uk))

**Run Ahead** - Activity and support group for families with children with additional needs. Meet other families, make friends and have fun. The group has exclusive use of Fun Run soft play centre for the session so families can relax and have fun. You can also enjoy a meal at the café which serves a variety of hot and cold meals, snacks and drinks. Siblings are welcome. **Katie from FISH will also be attending to speak to families about services and support available including the FISH SENDIAS Service.**

Dates: Tuesday 20 October 2015

Times: 4 - 6.30pm

Cost: £2.50 per child

Venue: Fun Run, Unit 4, Rawcliffe Road, Goole DN14 6TY (next to B&Q turn right on the entrance road to park outside Fun Run)

Contact: For more information please call Sharon Kitteridge on 07795 054340 or [sharonk@btinternet.com](mailto:sharonk@btinternet.com)

## Wolds and Dale

**IMPs (Inclusive Music Projects) Open Evening** - We would like to invite you to our IMPs (Inclusive Music Projects) Open Evening

When: Monday 9 November 2015

Time: 6pm – 7.15pm

Venue: Woldgate College, 92 Kilnwick Road, Pocklington YO42 2LL

**IMPs** is a weekly inclusive music club for children and young people aged 8 – 21years from Pocklington and East Riding of Yorkshire. IMPs is open to all young people, disabled and non-disabled who love music and enjoy getting together with like minded people and making new friends. We meet at



Woldgate College every Monday night during term time and love welcoming new members. At IMPS you can:

- learn to sing and sign
- make music with instruments and accessible music technology
- write songs, compose music and create sound installations
- take part in public performances
- meet new people and have lots of fun

At our Open Evening you'll get the chance to meet the IMPs members and the IMPs team. You'll also get to learn some singing and signing songs and try out some fun music activities. Some of the activities will be led by our IMPs apprentices, young people from the group who are training to become workshop leaders. We hope you can join us.

Contact: If you'd like to come along on Monday 9 November or if you'd like to find out more, please contact us at [imps@aamedia.org.uk](mailto:imps@aamedia.org.uk) or (01904) 626965.

**The Monday Group** – A group for parent carers of children and young people (aged 0-19 years) with additional needs. Come along, have a chat and air your views on services for children (up to age 19) with additional needs.

**Dates:** Monday 19 October 2015

**Times:** 9:30 - 11:00am

**Cost:** Free

**Venue:** Pocklington Children's Centre, Woldgate College, 92 Kilnwick Road, Pocklington YO42 2LL

**Contact:** Hayley Kilkenny (Community Nursery Nurse) on (01759) 307154 or 07920 531302

**Market Weighton Autism Parent Carer Support Group** - Are you a parent carer of a child with Autism in the Pocklington/Market Weighton area? Come along to our friendly evening group for a cuppa and a chat with other parents. Your child does not need a diagnosis for you to attend.

Dates: Monday 19 October 2015

Times: 6.30 – 8.00pm

Cost: Free

Venue: Market Weighton Children's Centre, Princess Road, Market Weighton YO43 3BY

Contact: 07952 269817 or email on [mwareautismsg@gmail.com](mailto:mwareautismsg@gmail.com)

**Market Weighton daytime Autism Parent Carer Support Group** - If you are a parent carer of a child with Autism in the Pocklington/Market Weighton area come along for a cuppa and a chat with other parents. Your child does not need a diagnosis for you to attend.

Date: Friday 6 November 2015

Times: 9 am till 12.00 noon

Cost: Free

Venue: Market Weighton Children's Centre, Princess Road, Market Weighton YO43 3BY

Contact: 07952 269817 or email [mwareaautismsg@gmail.com](mailto:mwareaautismsg@gmail.com)

## East Riding wide and Hull/York catchment

**Self Help & Awareness Raising Workshop** - for Sufferers, Carers and Healthcare Professionals Educational Professional and Voluntary Organisations. This two hour workshop will cover:

- Feelings Not Food
- What is Anorexia
- What is Bulimia and Eating Disorders Not Otherwise Specified (EDNOS)
- Medical Risk in Eating Disorders
- The Purpose of SEED

The aims of the workshop are to:

- Recognise the signs and symptoms of anorexia nervosa and bulimia nervosa and to understand the physical consequences of both illnesses
- Recognise and understand medical risk in eating disorders and to know where to go to receive help
- Know and understand the structure of SEED and the services provided

If you are a sufferer of eating disorders, carer for somebody close to you who suffers with an eating disorder, a healthcare professional in this area, or work within the education sector, this workshop may benefit you. This event is free of charge. Places are limited to 20 people and must be booked in advance so please book early to avoid disappointment.

Date: Wednesday 18 November 2015

Time: 2.15pm to 4.30pm

Venue: Worklink, Eppleworth Road, Cottingham HU16 5YF

Contact: To book a place please email [maria@seedeatingdisorders.org.uk](mailto:maria@seedeatingdisorders.org.uk) and for more information please call (01482) 344084.

**SEED eating disorder support services are working in partnership with the East Riding of Yorkshire Council to bring you this workshop.**

**Maxi Fun Club at Big Fun** - for disabled children and young people and their families in the Hull or East Riding area.

Date: Monday 26 October 2015

Time: 5 till 7pm

Cost: £2.50 per child

Location: National Avenue, Big Fun, Hull HU5 4JB

Contact: For more Information call Tony on 07837 225618

**Maxi Fun Club - Family Fun Bowling** – for disabled children and young

people and their families in the Hull or East Riding area.

Date: Monday 19 October 2015

Time: 5 pm start

Cost: £3.50 per child/ young person (Includes 2 games and meal)

Location: Hollywood Bowl, Kingswood HU7 3DB

Contact: **\*must be booked\*** with Helen on 07773 310503 (after 12.30 pm please)

**York Down Syndrome Support Group 3:21 Saturday Club** - The group undertakes a number of activities and has one "regular" open to all meet, which is currently a monthly "drop in" session. The session generally attracts younger families however everyone is welcome for a coffee, chat, snack and play.

Date: Saturday 17 October 2015

Time: 10am until 12 noon

Venue: The Avenues Children's Centre, York YO31 0UT

Contact: For further information please contact the group mobile 07989 226990 or [Yorkds321@gmail.com](mailto:Yorkds321@gmail.com)

**Special Stars Foundation – Sounding Special – Music and Makaton** - A fantastic music and Makaton group for children and young people with special needs and their parents/carers. This friendly group uses Makaton to support their singing, at a pace that everyone can keep up with and enjoy. Siblings are also welcome at these sessions. Free accessible parking on Clough Road entrance, behind the Church. All sessions are run fortnightly and lead by Mary-Jane Hoyle

**Dates:** Saturday 17 and Saturday 31 October 2015

**Time:** 11am – 12.30pm

**Cost** 50p per child/young person

**Venue:** Newland Christian Centre, 552 Beverley Road, Hull, HU6 7LG

**Contact:** [info@heyspecialstars.co.uk](mailto:info@heyspecialstars.co.uk) or (01482) 236488 or contact Mary on [maryjanehoyle@hotmail.com](mailto:maryjanehoyle@hotmail.com) or 07974 41878

**Special Stars Foundation** - Sunday Club, sensory play session for disabled children and young people and their families.

Dates: Sunday 18 October 2015 - **\*Please note that the session on 1**

**November is cancelled\***

Time: 2.30 - 4pm

Cost £2 per child/young person

Venue: Victoria Dock Village Hall, Southbridge Road, Hull HU9 1TY

Contact: [info@heyspecialstars.co.uk](mailto:info@heyspecialstars.co.uk) or call (01482) 236488

Website: [www.heyspecialstars.co.uk](http://www.heyspecialstars.co.uk)

**Special Stars Foundation – Halloween Party 2015** - Disco, fancy dress competition, party games, buffet, face painting and lots more Halloween fun, for children and young people with disabilities.

Dates: Sunday 31 October 2015

Time: 2-4pm

Cost: £2 per child/young person

Venue: Victoria Dock Village Hall, Southbridge Road, Hull HU9 1TY

Contact: To pre-book places for your child/young person/siblings please email [info@heyspecialstars.co.uk](mailto:info@heyspecialstars.co.uk) (please put Halloween Party Booking in the subject field) or call (01482) 236488

## National News

**Local Area SEND consultation** - This is a consultation on Ofsted and the Care Quality Commission's proposals for inspecting how effectively local areas fulfil their responsibilities towards children and young people who are disabled and/or have special educational needs under section 20 of the Children Act 2004. The consultation document sets out the principles under which the 2 inspectorates propose to undertake these joint inspections. We are seeking the widest possible range of views from those who have an interest in, or expertise relating to disability and special educational needs. We particularly want to hear from disabled young people and those who have special educational needs and their parents and carers. For more information and to take part in the consultation please visit <https://www.gov.uk/government/consultations/local-area-send-consultation>

**NEW INITIATIVE - O2 have recently joined forces with the NSPCC in a bid to keep children safe online.** This initiative aims to help UK parents and children to understand the dangers that exist online through a creative, fun and exciting way. This includes:

- Launch of an online safety helpline for parents to call for technical advice
- Bringing online safety workshops for parents and carers into schools and workplaces
- Training staff so that all O2 stores can help adults with their online safety concerns

The online site also includes useful information for parents/carers and young people on the following:

- Protecting kids online – stop your children from seeing unsuitable content

- What to share online – keep your children’s details secure
- Strangers online – discuss the risks of unknown online connections
- Online bullying – know the signs of bullying and where it can happen
- Online addiction – keep an eye on how much time is spent online
- Downloading – show your kids how to legally get hold of content

For more information on the joint initiative between O2 and NSPCC please use the following link:

O2 and NSPCC Online Safety Initiative <http://www.o2.co.uk/help/nspcc>

Please note inclusion of services and sessions is not an endorsement or recommendation.

The next bulletin will be on Thursday 29 October 2015

If you would like to submit information, news or events for inclusion in future FISH bulletins please email us at [fish@eastriding.gov.uk](mailto:fish@eastriding.gov.uk) (please note submission does not guarantee inclusion)

