

Edition 104 - Thursday 12 November 2015

Spotlight on... Echoes Foundation

Description of service: Support and services for disabled children and their families. The organisation offers many services such as:-

Sensory Room - A state of the art sensory room that families with disabled children can use free of charge. Sensory rooms are highly beneficial to all children with a range of special needs, particularly those with autism, learning disabilities and sensory impairments.

It Makes Sense - 'It Makes Sense' project is the loan of sensory equipment in to people's homes for up to 3 months free of charge.

Hydrotherapy Swimming Sessions - two swimming sessions for families with disabled children on Sunday mornings. These take place at 10am -11pm and 11am -12pm at Ganton School, Hull HU4 7JB

There are many other services available such as a holiday caravan, hippocampe - an all terrain wheelchair suitable for use on sand and in sea, physiotherapy stretching sessions, beauty and holistic therapies, trips and much more

What happens next? Please contact the organisation for more information

Date: Open every week, Tuesday, Thursday and Friday

Time: 9:30am – 6:00pm

Cost: Free apart from Beauty and Holistic Therapies

Venue: Centre 88, Saner Street, HULL, HU3 2TR

Contact: To book, or for more information call Echoes (01482) 310410 or email admin@echoesfoundation.org.uk or please click [here](#) to visit the Echoes Foundation Website

FISH update

Local offer update

Have your say - Have you viewed the new Feedback section on the Local offer website www.eastridinglocaloffer.org.uk , where you can:

- have your say on current consultations on local services taking place
- log a compliment or complaint
- contact us
- let us know your feedback on the Local Offer
- view 'you said, we did' and find out what feedback we have received and what we have done about it

East Riding Voices in Partnership (ERVIP)

ERVIP Christmas Coffee Morning - Please drop in for a chat and coffee and cakes. There will be a free Christmas raffle. Also, you can be updated on the outcomes of the pilot Ofsted which took place in our local area in October

Date: Tuesday 1 December 2015

Time: 9.30 – 11.30 am

Venue: Beverley Arms, North Bar Within, Beverley HU17 8DD

Contact: For more information contact 07813 676941 or email sjwervip@hotmail.co.uk. No need to book, just turn up.

The first ERVIP coffee morning of 2016 - Please join us for coffee and biscuits. From 10 am we will have Laura Burling, our Regional Adviser from Contact a Family, to talk to us about the involvement of parents and parent/carer forums in gathering parents views on services. Please come along and contribute to the discussion. Any parent/carer who would like to come along but has difficulties with transport please get in touch with us and we will see if we can help.

Date: Monday 25 January 2016

Time: 9.30 – 11.30 am

Venue: The Beverley Arms, North Bar Within, Beverley HU17 8DD

Contact: For more information contact 07813 676941 or email sjwervip@hotmail.co.uk. No need to book, just turn up.

Beverley

All Stars – a group aimed at young people aged 12-19 years who have additional needs. Come along if you'd like to make new friends and improve your social life. Take part in crafts, cookery, sports and other fun activities whilst being supported by specially trained staff.

Dates: Fridays

Times: 6.00 – 8.00pm

Cost: £2.50 per session

Venue: St Nicholas' Community Centre, Holme Church Lane, Beverley, HU17 0PY

Contact: email: dsi@barnardos.org.uk Tel: (01430) 810139

Adolescence Attachment and Self Harm - To build upon the conferences and courses delivered within the county over the last year with regard to 'risky behaviours in adolescence' - **Event Information.** This event is for staff in YFS, Social Care and Specialist Service staff including Residential Social Workers and staff in Secondary schools.

Date: Tuesday 8 December 2015

Time: 9.30am – 4.30pm

Cost: FREE

Venue: Tickton Grange, Beverley, East Riding of Yorkshire HU17 9SH

Contact: To apply for a place at this event please email

cfas.trainingsupport@eastriding.gov.uk by 16 November 2015 .

Bridlington and Driffield

NEW GROUP- Diverse Bridlington – Singing, dancing and acting for adults with learning difficulties/disabilities at the Spa in Bridlington. All welcome from around the East Riding. Sessions run all year round working towards three member led performances a year. The group is for those aged 17 years and above.

Dates: sessions run all year on a Tuesday starting from Tuesday 17 November 2015.

Times: 2.15 – 3.30pm

Cost: First session free, then £5 a week

Venue: The Spa Bridlington, YO15 3JH

Contact: email: wearetheatre@googlemail.com or telephone: 07521 364107. Simply get in touch or turn up on the day. Website www.wearetheatre.co.uk

Bridlington ADHD Support Group- Are you a parent/carer of a child with ADHD? Come along to a friendly parent-led group to share your ideas and experiences.

Dates: Wednesday 2 December 2015

Times: 10 - 11.30am

Cost: Free

Venue: Bridlington Children's Centre, Butts Close, Bridlington YO16 7BS

Contact: Emma Telephone: 07851 343585 Email: brid.adhd@yahoo.co.uk

Driffield parent carer support group – Are you a parent carer of a child with additional needs aged 0 – 19 years? Come along to our friendly parent led group, to share ideas and experiences with others. On **Thursday 10**

December Sam Spence from the FISH team will attend the group to offer information, advice and support on issues including: education, health, care and support, leisure activities, money matters and moving to adulthood.

Dates: Thursday 10 December 2015

Times: 11 – 12.30pm

Cost: Free - no need to book, just turn up on the day

Venue: Driffield Children's Centre, Beckside, Driffield YO25 6QN

Contact: Driffield Children's Centre on (01377) 240782

All Stars – a group aimed at young people aged 12-19 years who have additional needs. Come along if you'd like to make new friends and improve your social life. Take part in crafts, cookery, sports and other fun activities whilst being supported by specially trained staff.

Dates: Mondays

Times: 6.00 – 8.00pm

Cost: £2.50 per session

Venue: Bridlington Community Resource Centre, 4-6 Victoria Road, Bridlington, YO15 2BW

Contact: email: dsi@barnardos.org.uk Tel:(01430) 810139

Haltemprice

Voluntary and Community Sector (VCS) Special Educational Needs and/or Disabilities (S.E.N.D) Networking and Information Session –

- Do you work or volunteer in the East Riding with children or young people who have special educational needs and/or disabilities (SEND) or their families?
- Do you want to find out more about how we can all work together to improve local services?

If the answer to these questions is yes, then you are invited to the next **VCS S.E.N.D. Networking and Information Session** - East Riding Voices in Partnership will inform you about the work they are doing across the East Riding and how they can support you and your families in shaping services in the future. There will also be the chance to talk to Children in Need regarding funding available and plenty of opportunity to share information about your own projects and services and make new contacts, so please feel free to bring along information about your group/organisation

Date: Thursday 3 December 2015

Time: 10.30am (10am arrival) – 12.30pm - (Light refreshments and networking lunch will be provided 12.30 – 1.30).

Venue: The Cottingham Civic Hall, 1 Market Green, Cottingham HU16 5QG

Contact: For more information or to book your place, please contact Detty Tyler on (01482) 871077 or email detty@ervas.org.uk

All Stars – a group aimed at young people aged 12-19 years who have additional needs. Come along if you'd like to make new friends and improve your social life. Take part in crafts, cookery, sports and other fun activities whilst being supported by specially trained staff.

Dates: Wednesdays

Times: 6.00 – 8.00pm

Cost: £2.50 per session

Venue: Hessle Community Centre, Old School House, The Hourne (near Hessle Square), Hessle, HU13 9LJ

Contact: email: dsi@barnardos.org.uk Tel: (01430) 810139

Reminder - Maxi Fun Club - Soft Play and Bouncy Castle Party - for disabled children and young people and their families in the Hull or East Riding area. Activities in the big hall include soft play, games and bouncy castle plus a buffet tea

Date: Saturday 28 November 2015

Time: 3:30 pm - 4:30 pm. Party Tea 4:30 pm – 5 pm

Cost: £2 per child (£3 if staying for food)

Location: Haltemprice Sports Centre, Anlaby HU10 6QJ

Contact: You must ring Sue on 07733 084335 to book this if your child / children are staying for food.

Holderness

Time Out - A support group for parents and carers of children and young people with Autistic Spectrum Condition / Asperger's Syndrome

Dates: Wednesday 25 November 2015

Times: 7 – 9pm

Cost: Free – no need to book, just turn up

Venue: Hornsea Children's Centre, Hornsea Secondary School, Eastgate, Hornsea HU18 1DW

Contact: Sheila on (01964) 534472 or Diane on (01964) 204811

All Stars – a group aimed at young people aged 12-19 years who have additional needs. Come along if you'd like to make new friends and improve your social life. Take part in crafts, cookery, sports and other fun activities whilst being supported by specially trained staff.

Dates: Wednesdays

Times: 6.30 – 8.30pm

Cost: £2.50 per session

Venue: Hornsea Methodist Church, Newbegin, Hornsea, HU18 1PA

Contact: email: dsi@barnardos.org.uk Tel: (01430) 810139

Goole

Autism Awareness Courses for Families of Children with a Diagnosis of Autistic Spectrum Condition - Cygnet Puberty - This is a three session course which builds upon the 'core' courses of Exploring Autism, Earlybird and Cygnet, to give further understanding and to explore strategies

around Puberty. The sessions are designed to;

- help parents to develop their understanding and confidence relating to puberty, sexual wellbeing and relationships and how they may impact on children on the autistic spectrum.
- offer parents the opportunity to participate in activities that they could use to explore puberty, sexual wellbeing and relationships with their children at home
- meet with other parents in a mutually supportive environment.

Dates: Wednesday 27 January, Wednesday 3 February and Wednesday 10 February 2016.

Times: 1 - 3.15 pm

Cost: Free

Venue: Marshlands Children's Centre, Hall Road, Old Goole DN14 5UE

Contact: To reserve a place on this course, please contact Sally-Ann Pindar (01482) 392254 or email sally.pindar@eastriding.gov.uk

Please note that places are only available to eight families of children with a diagnosis of Autistic Spectrum Condition who have attended one of the 'core' courses. (other Cygnet Puberty Courses will be offered during the academic year at other venues and times).

Run Ahead - Activity and support group for families with children with additional needs. Meet other families, make friends and have fun. The group has exclusive use of Fun Run soft play centre for the session so families can relax and have fun. You can also enjoy a meal at the café which serves a variety of hot and cold meals, snacks and drinks. Siblings are welcome.

Dates: Tuesday 17 November 2015

Times: 4 - 6.30pm

Cost: £2.50 per child

Venue: Fun Run, Unit 4, Rawcliffe Road, Goole DN14 6TY (next to B&Q turn right on the entrance road to park outside Fun Run)

Contact: For more information please call Sharon Kitteridge on 07795 054340 or sharonk@btinternet.com

Wolds and Dale

Market Weighton daytime Autism Parent Carer Support Group - If you are a parent carer of a child with Autism in the Pocklington/Market Weighton area come along for a cuppa and a chat with other parents. Your child does not need a diagnosis for you to attend.

Date: Friday 4 December 2015

Times: 9am till 12.00 noon

Cost: Free

Venue: Market Weighton Children's Centre, Princess Road, Market Weighton YO43 3BY

Contact: 07952 269817 or email mwareaautismsg@gmail.com

IMPs (Inclusive Music Projects) - IMPs is a fantastic musical opportunity for young people. Unlike a traditional music project, IMPs is fully accessible and inclusive, welcoming both disabled and non-disabled young people alike. IMPs is open to any young people who are creative, interested in music, and who like to perform and to meet other young people. Members learn to sing and sign, compose their own songs, create their own music using music technology and instruments and get regular opportunities to perform and share their music making with others. The group is for anyone aged between 7 and 18 years old.

Dates: Every Monday during term-time (next dates: Monday 16 November 2015 and Monday 23 November 2015)

Times: 6 - 7.15pm

Cost: £4 per session

Venue: Woldgate College, 92 Kilnwick Road, Pocklington, YO42 2LL

Contact: Tel: (01904) 626 965 / Email: imps@aamedia.org.uk

All Stars – a group aimed at young people aged 12-19 years who have additional needs. Come along if you'd like to make new friends and improve your social life. Take part in crafts, cookery, sports and other fun activities whilst being supported by specially trained staff.

Dates: Thursdays

Times: 6.00 – 8.00pm

Cost: £2.50 per session

Venue: Barmby Moor Kids Club, Main Street, Barmby Moor, York, YO42 4EH

Contact: email: dsi@barnardos.org.uk Tel: (01430) 810139

East Riding wide and Hull/York catchment

ERSCB – to view the latest newsletter, please click [here](#).

LEAPS (Local Entertainers and Performers Society) Hull and East Riding are presenting "Christmas Countdown 8" Charity Show held at Hull City Hall on 26 November 2015 at 7.15pm in aid of local charities. Tickets can be purchased from Hull City Box Office at £13.50 per person, Concessions of parties of 10 - £11 per person. To book tickets contact Hull City Box Office on telephone: (01482) 300300 or for further information, contact Terry Cavander, Secretary at LEAPS on telephone (01482) 869076 information

Special Stars Foundation – Sounding Special – Music and Makaton. A fantastic Music and Makaton group for children and young people with special needs and their parents/carers. This friendly group uses Makaton to support their singing, at a pace that everyone can keep up with and enjoy. Siblings are also welcome at these sessions.