

## Edition 105 - Thursday 26 November 2015 Spotlight

### On... **Not in Our Community**

**Description of service:** **Not in our community** means protecting you and your friends against sexual exploitation. It is not okay for someone to manipulate you into doing sexual things for their own or someone else's benefit. If you're under 18, this is called child sexual exploitation (CSE) and it is against the law. Not in our community is developed with young people for young people through social media through intelligence-led storytelling based real life experiences. Sexual exploitation is something that has been in the news a lot recently but it is not always that easy to tell if someone you know is being sexually exploited. The "official definition" is when a person is exploited for money, power or status, this abuse is often committed after a period of time in which the victim is groomed. The victim will often believe that they are in a loving relationship and it can be a while before they start being sexual exploited.

**Who can they help?** Parents, Carers and Professionals

**What happens next?** Contact the website at the link below, if you or a young person is in immediate danger then dial 999.

**How much does it cost?** Free Service

**Who do I contact?** For further information please access the website [www.notinourcommunity.org/](http://www.notinourcommunity.org/) and if you would like information leaflets please email [john@eskimosoup.co.uk](mailto:john@eskimosoup.co.uk)

### FISH update

#### **Important reminder - Personal Outcomes Evaluation Tool (POET):**

POET is a questionnaire based tool that has been designed by the national charity In Control in conjunction with the Department for Education. The tool provides a local and national benchmark of the impact the new education, health and care plans and personal budgets have on families, children and young people and practitioners' lives. Developed with children and young people, parents/carers and practitioners from across the country the tool has already been tested by over 20 local authorities and their partners. POET is now live and our aim is to collect at least 50 questionnaire returns from parents/carers and 25 from children and young people between now and the end of December. Questionnaires can be completed online using the links below:

**[East Riding - Survey for parents of children and young people who have an Education Health and Care Plan](#)**

**[East Riding - Survey for children and young people who have an Education Health and Care Plan, their life and the support they get](#)**

Alternatively, paper copies of the questionnaires can be requested from the FISH Team on (01482) 396469.

## Local offer update

Now available to view on the Local Offer website: The East Riding of Yorkshire Council's SEND strategy 2014 – 17. Information about East Riding's Early Help and Safeguarding Hub (social care)  
Links to anti-bullying and prevention of child sex exploitation websites

## East Riding Voices in Partnership (ERVIP)

**REMINDER - ERVIP Christmas Coffee Morning** - Please drop in for a chat and coffee and cakes. There will be a free Christmas raffle. Also, you can be updated on the outcomes of the pilot Ofsted which took place in our local area in October

**Date:** Tuesday 1 December 2015

**Time:** 9.30 – 11.30 am

**Venue:** Beverley Arms, North Bar Within, Beverley. HU17 8DD

**The first ERVIP coffee morning of 2016** - Please join us for coffee and biscuits. From 10 am we will have Laura Burling, our Regional Adviser from Contact a Family, to talk to us about the involvement of parents and parent/carer forums in gathering parents views on services. Please come along and contribute to the discussion. Any parent/carer who would like to come along but has difficulties with transport please get in touch with us and we will see if we can help.

**Date:** Monday 25 January 2016

**Time:** 9.30 – 11.30 am

**Venue:** The Beverley Arms, North Bar Within, Beverley. HU17 8DD

## Beverley

**Your FISH Locality Information Officer (LIO) is Christine Clive and you can contact her on (01482) 396469.**

**FiND Christmas Fayre:** Includes Tombola, raffle, Cake stall.

**Dates:** Saturday 5 December 2015

**Times:** 12noon - 4pm

**Venue:** FiND2, The Chandler Centre, Belprin Road, Swinemoor lane, Beverley HU17 0LN

**Contact:** FiND 2 on (01482) 870785

**FiND presents - Nativity in Beverley Market** – starring Monty the Donkey! The performance lasts around 7 minutes and will run about every 20 minutes, with carol singing, which you are welcome to join in with! Funds

raised will go to FiND and Beverly Riding for the Disabled group.

**Dates:** Sunday 13 December 2015

**Times:** 1- 4pm

**Venue:** Cross Street / Toll Gavel intersect, Beverley

**Contact:** FiND 2 on (01482) 870785

## Bridlington and Driffield

**Your FISH Locality Information Officer (LIO) is Sam Spence and you can contact her on (01482) 396469.**

**NEW GROUP- Diverse Bridlington** – Singing, dancing and acting for adults with learning difficulties/disabilities at the Spa in Bridlington. All welcome from around the East Riding. Sessions run all year round working towards three member led performances a year. The group is for those aged 17 years and above.

**Dates:** sessions run all year on a Tuesday.

**Next dates:** Tuesday 1 December 2015 and Tuesday 8 December 2015

**Times:** 2.15 – 3.30pm

**Cost:** First session free, after it is £5 a week

**Venue:** The Spa Bridlington, YO15 3JH

**Contact:** email: [wearetheatre@googlemail.com](mailto:wearetheatre@googlemail.com) or telephone: 07521 364107. Simply get in touch or turn up on the day. Website [www.wearetheatre.co.uk](http://www.wearetheatre.co.uk)

**The Den – Bridlington Youth Theatre** – Do you have a child/young person who is under 25 years and is interested in dance, drama, music, technical, costume or set design? If yes then come along to the Bridlington Youth Theatre. We are an inclusive group and we work with leading arts professionals to create exciting pieces of theatre.

**Dates:** Tuesday 1 December 2015 and Tuesday 8 December 2015

**Times:** 6 – 7.15pm

**Cost:** £4.00 per session

**Venue:** Bridlington Community Resource Centre, 4-6 Victoria Road, Bridlington, YO15 2BW

**Contact:** Telephone 07521 364107 or Email [thedenbridlington@yahoo.co.uk](mailto:thedenbridlington@yahoo.co.uk)

**Bridlington ADHD Support Group-** Are you a parent/carer of a child with ADHD? Come along to a friendly parent-led group to share your ideas and experiences.

**Dates:** Wednesday 2 December 2015

**Times:** 10 - 11.30am

**Cost:** Free

**Venue:** Bridlington Children's Centre, Butts Close, Bridlington YO16 7BS

**Contact:** Emma Telephone: 07851 343585 Email: [brid.adhd@yahoo.co.uk](mailto:brid.adhd@yahoo.co.uk)

**Bridlington Autism Support Group** – A friendly and relaxing environment for parents whose children have autism to come together to chat and support each other. The group runs every Monday (during school term time only).

**Date:** Every Monday during term-time (next sessions: Monday 30 November 2015, Monday 7 December 2015, Monday 14 December 2015)

**Venue:** Christ Church Key Centre, Family Room, 2 Quay Road, Bridlington YO15 2AP

**Costs:** Free

**Time:** 10am till 12noon

**Contact:** Contact John Dixon for further information on (01262) 404100/ (01262) 404105 or email [jdixon@christchurchbridlington.co.uk](mailto:jdixon@christchurchbridlington.co.uk)

**Driffield parent carer support group** – Are you a parent carer of a child with additional needs aged 0 – 19 years? Come along to our friendly parent led group, to share ideas and experiences with others. On **Thursday 10**

**December** Sam Spence from the FISH team will attend the group to offer information, advice and support on issues including: education, health, care and support, leisure activities, money matters and moving to adulthood.

**Dates:** Thursday 10 December 2015

**Times:** 11 – 12.30pm

**Cost:** Free - no need to book, just turn up on the day

**Venue:** Driffield Children's Centre, Beckside, Driffield YO25 6QN

**Contact:** Driffield Children's Centre on (01377) 240782

**Driffield Children's Centre 'Take and Make' - details are now available on the FISH website** - Please click [here](#) and scroll down the page to view

## Haltemprice

**Your FISH Locality Information Officer (LIO) is Katie Catchpole and you can contact her on (01482) 396469.**

**FiND Family Support** - come along just to meet other parent carers, have a good old chinwag and a catch up. If anyone has any ideas for future subjects they'd like covered, then come along and let us know!

**Dates:** Tuesday 1 December 2015

**Times:** 7.30 – 8.45pm

**Cost:** £1.50 (tea/coffee and cake additional cost)

**Venue:** Ellie Mai's Tearoom Duke of Cumberland, Market Green, Cottingham HU16 5QY

**Contact:** Sally for more information by text on 07530 903229

**Email:** thestoakes@thestoakes.karoo.co.uk

**FiND Christmas coffee:** Includes baking and tombola.

**Dates:** Wednesday 9 December 2015

**Times:** From 1pm

**Venue:** FiND3 Annex, Miriam House, The Hourne, Hessle HU13 9LJ

**Contact:** FiND3 on (01482) 640253

**Cottingham Children's Centre updated 'Autumn What's on' is now available on the FISH website** - Please click [here](#) and scroll down the page to view

## Holderness

To find activities for your child/young person, please visit the local offer website <http://www.eastridinglocaloffer.org.uk/>

## Goole

**Your FISH Locality Information Officer (LIO) is Katie Catchpole and you can contact her on (01482) 396469.**

**The next Autism Friendly Screening is: PAN (PG)** - When 12 year-old orphan Peter is spirited away to the magical world of Neverland by a band of pirates, he finds both fun and danger, and discovers his destiny; to confront the dangerous buccaneer Blackbeard, and ultimately become the hero who will be forever known as Peter Pan. Discover the origins of everyone's favourite lost boy in our fantastical family action adventure. Starring: Hugh Jackman, Garrett Hedlund, Rooney Mara, Levi Miller, Amanda Seyfried, Cara Delevingne, Kathy Burke, Jimmy Vee, Harry Lister Smith

**Date:** Wednesday 30 December 2015

**Time:** 11.30am (Running Time: 111 mins)

**Venue:** Junction, Paradise Place, Goole DN14 5DL

**Contact:** All tickets are priced at £2.50 and are available from the Box Office on

(01405) 763652. **Children must be accompanied by an adult.**

**Autism Friendly Screenings** are films shown with low-level lighting, reduced sound-levels and no adverts or trailers. The auditorium will open 30 minutes before the film to allow audiences time to familiarise themselves with the space. Visits to the venue prior to the screening can also be arranged. Aimed at both children and adults on the autistic spectrum, along with their carers, families and/or friends, it is fine for audiences to move around, make noise and take breaks during the film.

## **Autism Awareness Courses for Families of Children with a Diagnosis of Autistic Spectrum Condition - Cygnet Puberty**

This is a three session course which builds upon the 'core' courses of Exploring Autism, Earlybird and Cygnet, to give further understanding and to explore strategies around Puberty. The sessions are designed to;

- help parents to develop their understanding and confidence relating to puberty, sexual well-being and relationships and how they may impact on children on the autistic spectrum.
- offer parents the opportunity to participate in activities that they could use to explore puberty, sexual well-being and relationships with their children at home
- meet with other parents in a mutually supportive environment.

**Dates:** Wednesday 27 January, Wednesday 3 February and Wednesday 10 February 2016.

**Times:** 1 - 3.15 pm

**Cost:** Free

**Venue:** Marshlands Children's Centre, Hall Road, Old Goole DN14 5UE

**Contact:** To reserve a place on this course, please contact Sally-Ann Pindar (01482) 392254 or email [sally.pindar@eastriding.gov.uk](mailto:sally.pindar@eastriding.gov.uk)

**Please note that places are only available to eight families of children with a diagnosis of Autistic Spectrum Condition who have attended one of the 'core' courses.** (other Cygnet Puberty Courses will be offered during the academic year at other venues and times).

**Run Ahead** - Activity and support group for families with children with additional needs. Meet other families, make friends and have fun. The group has exclusive use of Fun Run soft play centre for the session so families can relax and have fun. You can also enjoy a meal at the café which serves a variety of hot and cold meals, snacks and drinks. Siblings are welcome.

**Dates:** Tuesday 15 December 2015

**Times:** 4 - 6.30pm

**Cost:** £2.50 per child

**Venue:** Fun Run, Unit 4, Rawcliffe Road, Goole DN14 6TY (next to B&Q turn right on the entrance road to park outside Fun Run)

**Contact:** For more information please call Sharon Kitteridge on 07795 054340 or [sharonk@btinternet.com](mailto:sharonk@btinternet.com)

## **Wolds and Dale**

**The Monday Group** – 21 December Christmas Special! A group for parent carers of children and young people (aged 0-19 years) with additional needs. Come join us for bouncy castle and soft play fun at Francis Scaife Leisure Centre, Pocklington. The event will also provide an opportunity for you to give

your views and suggestions on services for you and your child. Siblings welcome.

**Dates:** Monday 21 December 2015

**Times:** 1:30 - 2:30pm

**Cost:** Free

**Venue:** Francis Scaife Sports Centre, Burnby Lane, Pocklington, East Riding of Yorkshire, YO42 2QE

**Contact:** Please contact Pocklington Children's Centre to book your place on (01759) 307154

**Market Weighton Autism Parent Carer Support Group** - Are you a parent carer of a child with Autism in the Pocklington/Market Weighton area? Come along to our friendly evening group for a cuppa and a chat with other parents. Your child does not need a diagnosis for you to attend.

**Dates:** Monday 14 December 2015

**Times:** 6.30 – 8.00pm

**Cost:** Free

**Venue:** Market Weighton Children's Centre, Princess Road, Market Weighton YO43 3BY

**Contact:** 07952 269817 or email on: [mwareaautismsg@gmail.com](mailto:mwareaautismsg@gmail.com)

**Market Weighton daytime Autism Parent Carer Support Group** - If you are a parent carer of a child with Autism in the Pocklington/Market Weighton area come along for a cuppa and a chat with other parents. Your child does not need a diagnosis for you to attend.

**Date:** Friday 4 December 2015

**Times:** 9.00am till 12.00 noon

**Cost:** Free

**Venue:** Market Weighton Children's Centre, Princess Road, Market Weighton YO43 3BY

**Contact:** 07952 269817 or email [mwareaautismsg@gmail.com](mailto:mwareaautismsg@gmail.com)

**IMPs (Inclusive Music Projects) PERFORMANCE** - The young people from IMPs would love you to join them as they go on a colourful musical journey around the world. Our East Riding and York IMPs have been working really hard this term. They've been learning songs and composing new pieces that they'd really like to share with you. They'll be joined by our friends from Forgotten Voices Community Choir, who'll be performing some seasonal favourites and joining in with the big festive finale, having been taught how to sing and sign by our East Riding IMPs apprentices. Please come along to see them perform!

**Dates:** Monday 7 December 2015

**Times:** 6.30pm

**Cost:** To help support our IMPs programme there is a suggested donation for tickets of £3 for individuals or £5 for families

**Venue:** Woldgate College at Woldgate College, Kilnwick Road, Pocklington, YO42 2LL

**Contact:** email [kelly.langford@aamedia.org.uk](mailto:kelly.langford@aamedia.org.uk) for more information

## East Riding wide and Hull/York catchment

### Press Release

#### National Citizen Service, East Riding

East Riding Voluntary Action Services (ERVAS) is delighted to announce that it will be delivering the National Citizen Service (NCS) in the East Riding of Yorkshire for 15 - 17 year olds in spring and summer 2016. If you or someone you know would like to be part of the national movement that has involved more than 200,000 young people in an amazing experience that has also benefitted their communities across the country, then you need to know about our fantastic new NCS programmes for spring and summer 2016.

Do you want to meet new people, travel to new places, try new experiences designed to challenge you to be the best you can be, all for just £50! Still interested? Then why not visit: <http://www.ncsflt.co.uk/> for more information on the range of activities and benefits that NCS offers to young people. Also, did you know NCS is a nationally recognised programme that helps young people to gain valuable skills and experiences for their future education, training and employment applications, including UCAS if you are thinking of applying to university.

*“I met people and did activities that I would have never done if I hadn’t done NCS...I have learnt about the importance of teamwork, cooperation and taking into account everyone’s emotions and opinions, these are very important life skills...and will be extremely helpful later in life.”* NCS Graduate summer 2015.

ERVAS will be running many more NCS programmes in the future, so please let us know if you would like further information or would like help to participate in any of our programmes by emailing: [volunteen@ervas.org.uk](mailto:volunteen@ervas.org.uk) tel: (01482) 871077.

**FiND Family Support** – January’s meeting will be held at Matthew’s Hub. The Guest speaker will be Tish Lamb from the Cornerhouse project which focuses on issues around sexual health for young people in Hull and East Riding. If you have any questions in advance of the meeting please feel free to send an email to Tish on [manager@wearecornerhouse.org](mailto:manager@wearecornerhouse.org)

**Dates:** Tuesday 5 January 2016

**Times:** 7.30 – 8.45pm

**Cost:** Free

**Venue:** Matthew's Hub, 1st Floor, Regent House, 183 Ferensway, Hull, HU1 3UA

**Contact:**

Sally for more information by text on 07530 903229

**Email:** thestoakes@thestoakes.karoo.co.uk

**Special Stars Foundation** – Sounding Special – Music and Makaton. A fantastic music and Makaton group for children and young people with special needs and their parents/carers. This friendly group uses Makaton to support their singing, at a pace that everyone can keep up with and enjoy. Siblings are also welcome at these sessions. Free accessible parking on Clough Road entrance, behind the Church. All sessions are run fortnightly and lead by Mary-Jane

**Dates:** Saturday 28 November 2015 and Saturday 12 December 2015

**Times:** 11am – 12.30pm

**Cost:** 50p per child/young person

**Venue:** Newland Christian Centre, 552 Beverley Road, Hull, HU6 7LG

**Contact:** info@heyspecialstars.co.uk or (01482) 236488 or contact maryjanehoyle@hotmail.com or telephone 07974 418789

**Special Stars Foundation** - Sunday Club, sensory play session for disabled children and young people and their families. Sensory play session for children and young people with disabilities, their parents/carers and siblings. Activities include; a themed arts and crafts table, sensory unit, bubble tubes, fibre optics, sensory den, sensory table featuring lots of tactile, visual and auditory sensory toys, soft play equipment, Games Room featuring 5 DS's, 3 iPads and ...and lots more! The whole family is welcome including siblings, there is no need to book, just turn up, enjoy a hot drink and a cake, have some fun and connect with other families raising a disabled child/young person. We have disabled toilet facilities and a separate private area with a large cushioned change mat for parents/carers to use to change their child/young persons pads. We also have a specialist book lending library, books are free to loan for our registered members. Registration is simple and completely free, pick up a form at one of our sessions or you can download a form on our website [www.heyspecialstars.co.uk](http://www.heyspecialstars.co.uk)

**Dates:** Sunday 6 December 2015

**Times:** 2:30-4pm – last session of 2015

**Cost** £2 per child/young person including light refreshments

**Venue:** Victoria Dock Village Hall, Southbridge Road, Hull, HU9 1TY

**Contact:** info@heyspecialstars.co.uk or (01482) 236488

**Special Stars Foundation** – Inclusive Fun Dance Session. Local professional dance company Flex Dance will be providing these fun, inclusive, dance sessions with no expectations from the children/young people. These sessions are aimed at disabled children/young people that would struggle to attend a typical dance class.

Any ability may attend, wheelchair users are more than welcome to come and join in the fun! Sam and her team will lead with simple and fun dance movements for the children and young people to copy. There will be lots of encouragement and praise with small prizes given to all that take part. There will be two instructors leading the session, there will be chairs set up in the hall for parents/ carers to watch and chat to other parents/carers. The session consists of 1 hour dancing and 30 minutes for refreshments and snacks afterwards. Registration is simple and completely free, pick up a form at one of our sessions or you can download a form on our website

[www.heyspecialstars.co.uk](http://www.heyspecialstars.co.uk)

**Dates:** Saturday 28 November 2015

**Times:** 2:30-4pm – last session of 2015

**Cost** £2 per child/young person, siblings welcome

**Venue:** Victoria Dock Village Hall, Southbridge Road, Hull, HU9 1TY

**Contact:** info@heyspecialstars.co.uk or (01482) 236488

**Special Stars Foundation** Special Screening of Hotel Transylvania 2 for children and young people with disabilities and their families/ carers. The film starts at 11am on Sunday 29th November 2015 at The Odeon in Hull. (Please arrive 10-15 minutes before the start of the film if you would like to buy refreshments and take your seats). Lights are left on, the sound is lowered and there are no adverts. We also have some sensory toys and light up toys so children and young people who struggle to sit for long periods of time can play at the front of the screen. We also welcome wheelchair users and can accommodate around eight wheelchairs / special buggies per screening. **This**

**is a ticket only screening, and tickets are now available online at**

<http://www.heyspecialstars.co.uk/#!online-store/cxxv>

**Dates:** Sunday 29 November 2015

**Times:** 10:45am

**Cost:** Tickets are £2 per person

**Venue:** Odeon Cinema, Kingston Park, HU1 2TX

**Contact:** info@heyspecialstars.co.uk or (01482) 236488

**Special Stars Foundation** – Relaxed Family Portrait Photography Session  
Following the huge success of our last relaxed photo session, we have

arranged for a local professional photographer, Darryl Brooks to spend the day with us again on Saturday 5th December 2015. The day will be split into pre-bookable time slots where our members are able to come and have a relaxed, private family photography session. These sessions are relaxed and welcoming and last approximately half an hour. We have subsidised the sessions for our members, we are asking for a donation of £10 per session and with this you will receive a free 12x8" print. (The typical cost of these family portrait photography sessions is £30). Reprints are very reasonably priced from £9 and Canvas prints are also available.

Places are limited. If you would like to pre-book a session, please send us a message via our main Facebook page or email us at:

[info@heyspecialstars.co.uk](mailto:info@heyspecialstars.co.uk) anyone that didn't receive a place last time, will be added to a cancellation list and given priority for the next session. Only registered members that have not already attended a photography session yet may apply. Payment must be made at least 2 weeks prior to the day.

Payment can be made by Paypal, cash at one of our other events or by cheque. You can find out more about the photographer and see examples of his work here: <http://www.dbrooksphoto.co.uk/>

**Dates:** Saturday 5 December 2015

**Cost:** £10 per session (Reprints priced from £9)

**Venue:** Victoria Dock Village Hall, Southbridge Road, Hull, HU9 1TY

**Contact:** Via Facebook page, email - [info@heyspecialstars.co.uk](mailto:info@heyspecialstars.co.uk) or telephone (01482) 236488

**Special Stars Foundation** – Christmas Party. Please see member list on Facebook for places allocated. There will be a buffet for the children, a bouncy castle, a face-painter, and lots of toys and games. Olaf will be coming and of course Santa will be there too!

**Dates:** Saturday 12 December 2015

**Times:** 2 – 4pm

**Cost:** Tickets are £2 per person

**Venue:** Victoria Dock Village Hall, Southbridge Road, Hull, HU9 1TY

**Contact:** [info@heyspecialstars.co.uk](mailto:info@heyspecialstars.co.uk) or (01482) 236488

**Special Stars Foundation** – Snow White and the Seven Dwarfs Pantomime.

We have reserved 100 seats for our members for this showing, including all seven of the theatre's WC spaces. Tickets are normally £22.50 per person, however Special Stars Foundation work hard all year round to fund-raise so we are able subsidise this special Christmas trip for our members for just £8 per person. Please book your seats now by contacting us with the number of seats you would like and secure your booking with a £5 group deposit. This can be made via Paypal to [info@heyspecialstars.co.uk](mailto:info@heyspecialstars.co.uk) (please say what you are paying for in the comments section) or via cheque made payable to

Special Stars Foundation and sent to PO BOX 558, Hull, HU9 9JW or by cash at any of our events.

**Dates:** Monday 21 December 2015

**Times:** 2pm

**Cost:** Tickets are £8 per person

**Venue:** Hull New Theatre, Kingston Square, Hull

**Contact:** [info@heyspecialstars.co.uk](mailto:info@heyspecialstars.co.uk) or telephone (01482) 236488

## National News

Please note inclusion of services and sessions is not an endorsement or recommendation.

The next bulletin will be on Thursday 10 December 2015

If you would like to submit information, news or events for inclusion in future FISH bulletins please